



Client Handbook

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Welcome,

On behalf of the Board and staff of Hanover Community Services, we wish to thank you for choosing Hanover Community Services. Whether you are an adult, child or parent, we wish to make this time with us a pleasant and life changing experience. We believe the client always come first and we want you to be an active participant in planning and service delivery.

Hanover Community Services (HCS) provides the mental health, intellectual disabilities, and substance abuse services and supports to the residents of Hanover County. We pride ourselves on providing high quality, person centered services. Our mission is to provide, monitor and evaluate a well-coordinated, high quality and comprehensive system of Community Based Mental Health, Intellectual Disabilities, and Substance Abuse Services with the overall goal of enhancing the quality of life and emotional and behavioral health of all residents of Hanover County.

Since we are committed to high quality service, we want to know how you are doing and your satisfaction with services now, during and after services have ended. We hope you provide us permission to contact you after services to see how you are doing. The information contained in this handbook provides you a clear description of our organization and services.

Sincerely,

Tim Slaven, PhD.
Executive Director

WHO WE ARE

Hanover Community Services (HCS) provides the mental health, intellectual disabilities, and substance abuse services and supports to the residents of Hanover County. We provide prevention services, group homes, day support, employment services, counseling, case management and in home supports. The Hanover County Board of Supervisors appoints members to the HCS Board of Directors.

HCS employs a sliding scale fee structure. We accept Medicaid, Medicare, and reimbursement from many major health insurance providers. We also accept VISA and MasterCard for your convenience. HCS is a department of Hanover County, and licensed by the Virginia Department of Behavioral Health and Developmental Services.

HCS staff that provide services to you are trained in the provision of appropriate behavioral interventions, should a situation make it necessary. HCS staff do not use any form of seclusion or restraint. However, in an emergency situation they can use brief "hands on" interventions to protect an individual's safety.

The person coordinating your care, _____ will be providing you the orientation to services and familiarize you with the premises.

YOUR RIGHTS AND RESPONSIBILITIES

HUMAN RIGHTS STATEMENT

AS A CLIENT OF HANOVER COUNTY COMMUNITY SERVICES BOARD, YOU HAVE THE RIGHT

- To be treated with dignity as a human being.
- To the best treatment/services available to meet your individual need.
- To receive treatment/services based on sound therapeutic practice.
- To receive prompt evaluation and treatment /services about which you are informed and in a manner that you can understand.
- To be told about the treatment/services you receive and to make suggestions and state preferences about it.
- To be treated with the least restrictive conditions consistent with your condition and not be subject to restraint, seclusion or time out.
- To be given opportunities to participate in the development and implementation of your individualized services plan.
- To express your preferences and choices regarding service delivery, release of information, concurrent services and your service delivery team.
- To not be the subject of experimental or investigational research without your prior written and informed consent or that of your legally authorized representative.
- To be protected from harm and free from any form of abuse, retaliation, humiliation, neglect or financial exploitation
- To maintain the privacy of your information
- To privacy when you see, talk or write to others
- To see your records and correct any mistakes in a timely fashion.
- To not have your legal rights, privileges and benefits denied solely based on being voluntarily or involuntarily admitted, certified or committed to services.
- To receive information regarding legal representation, advocacy and self-help resources
- To ask questions and to be told about your rights
- To receive help in exercising your rights
- To an impartial review of suspected violation of these rights assured and the right to access legal counsel

EXERCISING YOUR RIGHTS

If you think you are not being allowed to exercise any right:

- Tell your family or friends
- Tell any HCCSB staff or the Director
- Tell the HCCSB Human Rights Representative or the Regional Human Rights Advocate

Your service provider, HCCSB Human Rights Representative or the Regional Human Rights Advocate can explain your rights if you have questions.

**HCCSB Human Rights Representative Susan Cunningham (804) 365-4212
Regional Human Rights Advocate Beverly Garnes (804) 524-7431**

There will be no retribution for filing a complaint. All concerns regarding any infringement of rights will be investigated and a plan for resolution developed within fifteen (15) working days.

GENERAL RESPONSIBILITIES OF THE PERSON SERVED:

- To treat HCS staff and other clients with dignity and respect.
- To keep confidential the identities of other individuals receiving services at HCS.
- To take an active role in your treatment or program, including defining problems and setting goals.
- To share information honestly with your service provider. Only in this way can your treatment or program progress.
- To talk directly with your service provider if you have a complaint about your treatment or program.
- To make a commitment to your treatment or program, realizing that this may result in some inconvenience to you.
- To accept that at times personal development may be painful or difficult.
- To pay fees promptly.
- To attend all scheduled program or treatment sessions and to be on time or to cancel and reschedule at least a day in advance, unless it is an emergency. **There is a \$15.00 charge if you fail to keep an appointment and do not cancel at least 24 hours in advance.**

BEHAVIORAL EXPECTATIONS OF THE PERSON SERVED:

- To not use tobacco products in an HCS facility
- To keep all personal prescription or over the counter medications that are brought into a HCS program secured on your person and to not share them with others.
- To not bring into or use alcohol or illegal drugs into any HCS facility or Program. Anyone bringing alcohol or illegal drugs into our facilities will be required to leave immediately and may be suspended from the program until a staffing of the occurrence can be completed. Any illegal drugs that are discovered on our premises will be turned over to local law enforcement.
- To not bring weapons of any kind into our facilities. Anyone that is not a law enforcement officer that brings weapons into our facilities will be asked to leave immediately. HCS staff will not provide services to anyone entering a HCS facility with any type of weapon. An investigation of the occurrence by local law enforcement may ensue and a suspension from services can occur until a staffing of the occurrence and/or the completion to the investigation can be completed.
- To not make direct or indirect threats to HCS staff or property. Threats against staff or property are taken very seriously and can result in a suspension from a program and the immediate response of local law enforcement.

- To treat all HCS staff and consumers in a respectful manner and to refrain from verbal or physical confrontation and assault. Failure to abide by this expectation can result in immediate law enforcement response, suspension from a program and charges being pressed against the individual involved.

In the event that you fail to meet one or more of the above listed responsibilities, consequences will be consistent with the specific infraction. Any restriction of program privileges will be done in accordance with DBHDS' Human Rights Regulations. You will be told of the specific behavior that has created the need for restriction and what you need to do to have the restriction lifted at the time it is imposed. Reinstatement to a program after a suspension can occur after a staffing has taken place, any needed evaluations have been done and an appropriate behavioral contract has been developed and you have agreed to it.

In addition to the responsibilities listed above, the following programs have guidelines that are specific to them and may contain additional expectations. These guidelines will be provided to you and reviewed with you by your service provider at the time you enter the program.

- RAFT House
- Supported Employment Services
- Hanover Industries
- Hanover Recycling
- Day Support Services
- Transportation Services

REPORTING RESPONSIBILITIES OF HCS STAFF:

- HCS staff are required to call 911 if it is necessary to assure the safety of staff and/or program participants in the event of a serious medical or behavioral emergency.
- HCS staff are mandated to report to Child Protective Services and Adult Protective Services anytime they suspect that abuse and/or neglect is occurring to a child or an adult with a disability at the hands of a caretaker.
- HCS staff are required by law to provide immediate intervention in the case of a psychiatric emergency. This includes evaluation to determine if there is imminent risk to the person being evaluated or other community members. Should the results of the evaluation require that an emergency hospitalization needs to occur, HCS staff can release any pertinent information necessary to secure inpatient treatment without client authorization.
- HCS staff are required by law to report intent to harm other individuals to those persons and to law enforcement agencies.
- HCS staff are required by law to provide follow up with the court system for mandated clients that are court ordered for services. This would include anytime HCS services are a requirement of parole or probation.
- HCS staff will make outreach efforts by phone and/or by mail to any person served that has stopped coming in for services without completing their treatment goals.
- HCS, in accordance with recent changes in Virginia law, participates in the Prescription Monitoring Program and may request information from that program on Schedule II-IV prescriptions previously dispensed to you prior to prescribing medication.

CONFIDENTIALITY

Clients receiving services at HCS have the right to expect that what they tell their service provider will be kept confidential. This means that your service provider will not discuss what you tell him or her with others in the community. In fact, HCS staff cannot acknowledge that you are receiving services here without your consent. Your service provider can talk to other HCS staff when it is

necessary for providing you with quality services and supports. For instance, your clinician may need to discuss your case with our doctor to make sure the doctor is aware of your needs and concerns. However, HCS staff cannot discuss your treatment with people outside HCS without your written permission. HCS does leave telephone messages in the case of cancelling or rescheduling appointments. However, only the first name of the person with whom you had an appointment will be identified in the message, not the name of the agency. Please let your provider know if you do not want even that information left in a message. Our Privacy Notice gives you more information about the confidentiality of your information.

PRIVACY NOTICE

This Notice describes how health information about you may be used and disclosed and how you can get access to this information. Please review it carefully

Your Privacy is Important

We at Hanover Community Services (HCS) respect the privacy of all individuals receiving services in our facilities. This is part of our code of ethics. We are required by law to maintain the privacy of “protected health information” about those individuals, to notify them of our legal duties and their legal rights, and to follow the privacy policies described in this notice.

“Protected health information” or PHI, means any information that we create or receive that identifies you and relates to your health or payment for services to you.

All employees, volunteers, students and visitors must protect the identity of the individuals served by the HCS, and the confidentiality of their identifying information. This includes information learned by listening, observing or reading about the physical and/or behavioral health care services individuals receive and all written electronic and/or photographic documentation pertaining to these services.

It is important that as a visitor in our facilities you understand that this need for confidentiality extends not only to you but to others receiving our services as well. It is very important that you also hold any information specific to another individual served by the HCS that you might come into contact with in the strictest confidence and not disclose it to another individual.

Use and Disclosure of Your Information by Authorization Only

- ❑ It is our policy to obtain your specific written permission for every disclosure of protected health information to third parties. You will be asked to sign a Consent to Disclosure Form for each person or organization that receives the information. You may revoke a Consent to Disclosure at any time by submitting a written request.
- ❑ It is also our policy that we will not ask your specific written permission to use or disclose your protected health information for treatment purposes (internal HCS use only), payment or health care operations purposes.
- ❑ Upon signing the agency’s Informed Consent to Treatment/Service form, you allow us to use and disclose necessary information about you within the agency and with business associates in order to provide treatment/service, receive payment of provided treatment/service, and conduct our day-to-day business practices.

We are required to obtain your authorization to use or disclose your protected health information for any reason except for the following circumstances:

1. **Treatment Related Communication within the HCS.** We will use your protected health information and disclose it to others as necessary to provide treatment to you. Various members of our staff may see your clinical record in the course of our care for you. This includes supervisors, nurses, physicians and other staff members.
2. **Payment for Services.** We will use or disclose your protected health information as needed to arrange for payment for service to you. For example, information about your diagnosis and the service we render is included in the bills that we submit to your health insurance plan. Your health plan may require health information in order to confirm that the service rendered is covered by your benefit program and medically necessary. A health care provider that delivers service to you, such as a clinical laboratory, may need information about you in order to arrange for payment for its services.
3. **Health Care Operations.** It may also be necessary to use or disclose protected health information for our health care operations or those of another organization that has a relationship with you. For example, our quality assurance staff reviews records to be sure that we deliver appropriate treatment of high quality. Your health plan may wish to review your records to be sure that we meet national standards for quality of care.
4. **Emergencies.** If there is an emergency, we will disclose your protected health information as needed to enable people to care for you.
5. **Disclosure to health oversight agencies.** We are legally obligated to disclose protected health information to certain government agencies, including the Virginia Department of Mental Health, Mental Retardation and Substance Abuse Services, the Department of Medical Assistance Services, and the federal Department of Health and Human Services.
6. **Disclosures to child and adult protection agencies.** We will disclose protected health information as needed to comply with state law requiring reports of suspected incidents of abuse or neglect.
7. **Other disclosures without written permission.** There are other circumstances in which we may be required by law to disclose protected health information without your permission. They include disclosures made:
 - Pursuant to court order;
 - To public health authorities;
 - To law enforcement officials in some circumstances;
 - To correctional institutions regarding inmates;
 - To federal officials for lawful military or intelligence activities;
 - To coroners, medical examiners and funeral directors;
 - To researchers involved in approved research projects; and
 - As otherwise required by law.

Changes to Privacy Practices

- ❑ The HCS reserves the right to change any of its privacy policies and related practices at any time, as allowed by federal and state law.
- ❑ You will receive notice of changes either by mailing or discussion with an agency representative or electronically or a combination of the three.

Retention of your Medical Record

- ❑ The laws of Virginia require that client medical records of public agencies be kept for six years after discharge or date of last contact with the public agency, unless the client is under the age of 18.
- ❑ Medical records must be kept until a minor reaches the age of 18 or becomes emancipated, with a minimum retention of 6 years from the last client encounter regardless of the age of the minor.
- ❑ After the retention periods described above have expired, your medical records can be destroyed.

Your Legal Rights

1. Right to request confidential communications. You may request that communications to you, such as appointment reminders, bills, or explanations of health benefits be made in a confidential manner. We will accommodate any such request, as long as you provide a means for us to process payment transactions.
2. Right to request restrictions on use and disclosure of your information. You have the right to request restrictions on our use of your protected health information for particular purposes, or our disclosure of that information to certain third parties. We are not obligated to agree to a requested restriction, but we will consider your request.
3. Right to revoke a Consent or Authorization. You may revoke a written Consent or Authorization for us to use or disclose your protected health information. The revocation will not affect any previous use or disclosure of your information.
4. Right to review and copy record. You have the right to see records used to make decisions about you. We will allow you to review your record unless a clinical professional determines that would create a substantial risk of physical harm to you or someone else. If another person provided information about you to our clinical staff in confidence, that information may be removed from the record before it is shared with you. We will also delete any protected health information about other people. At your request, we will make a copy of your record for you. We will charge a reasonable fee for this service.
5. Right to “amend” record. If you believe your records contains an error, you may ask us to amend it. If there is a mistake, a note will be entered in the record to correct the error. If not, you will be told and allowed the opportunity to add a short statement to the record explaining why you believe the record is inaccurate. This information will be included as part of the total record and shared with others if it might affect decisions they make about you.
6. Right to an accounting. You have the right to an accounting of some disclosures of your protected health information to third parties. This does not include disclosures that you authorize, or disclosures that occur in the context of treatment, payment or health care operations. We will provide an accounting of other disclosures made in the preceding six years. If requested by law enforcement authorities that are conducting a criminal investigation, we will suspend accounting of disclosures made to them.
7. Right to a paper copy of this Notice. You have the right to a paper copy of any Notice of Privacy Practices posted on our web site.
8. Personal representatives. A “personal representative” of a patient may act on their behalf in exercising their privacy rights. This includes the parent or legal guardian of a minor. In some cases, adolescents who are 14 or older may make their own decisions about

receiving treatment and disclosure of protected health information about them. If an adult is incapable of acting on his or her own behalf, the personal representative would ordinarily be his or her spouse or another member of the immediate family. An individual can also grant another person the right to act as his or her personal representative in an advance directive or living will.

Disclosure of protected health information to personal representatives may be limited in cases of domestic or child abuse.

How to Exercise Your Rights

Questions about our policies and procedures, requests to exercise individual rights, and complaints should be directed to our Privacy Officer. HCS will not retaliate against any individual making a complaint.

- ***Privacy Officer - Susan Cunningham (804) 365-4212***

You can also submit a complaint to the United States Department of Health and Human Services. Send your complaint to:

- Secretary
U.S. Department of Health and Human Services
200 Independence Avenue, S.W.
Room 509F, HHH Building
Washington, D.C. 20201
OCR Hotlines-Voice: 1-800-368-1019

FEES

Each client receiving services from HCS will meet annually with Reimbursement staff to update their financial information. All individuals are responsible for paying their fees in a timely manner. Fees for self-pay clients are based on a sliding scale. Payment for services is expected at each visit. **There is a \$15.00 charge if you fail to cancel at least 24 hours in advance of an appointment that you do not keep.** HCS reserves the right to refuse services based on the client's refusal to pay their bill.

ACCESSING SERVICES, PROVIDING INPUT AND ASSISTING IN PLANNING YOUR TREATMENT

You or a family member or caretaker can contact HCS to request services. The request can be made over the phone or in person. During the request, information is gathered regarding the type of services needed. If we are not able to provide the service requested, a referral will be given. If we are able to provide the service requested, we will assign a staff member and schedule an Intake Appointment. Preliminary financial information is also gathered at this time.

You will then meet with the assigned service provider. This service provider becomes your Case Manager. This person is responsible for working with you to assess your needs, develop a plan for treatment or services (Individualized Service Plan or ISP), and providing the services as outlined on that plan.

During the intake period, your primary service provider meets with you to better understand your strengths, needs, abilities and preferences. A general assessment will be completed that gives an overview of your history and expectations of services, as well as physical, social, and emotional functioning. This assessment is generally completed within the first thirty days of services. In addition, each program will conduct specific assessments to determine what services need to be

provided to that client. At the end of the assessment period, the results of the assessment(s) are shared with the client.

Your case manager works with you using the information gathered in the assessment(s) to plan a course of treatment or services. The worker will work along side you in determining your goals and objectives for service. The goals will be reviewed with you at least quarterly to determine if any changes need to be made. Your caregiver and family members can be involved in this annual review if you desire their participation.

Please note that many HCS documents require the signature of the person receiving services. If that person is a minor or an adult with a court appointed legal guardian, the signature of the parent or legal guardian is also required.

Staff at Hanover Community Services will assist clients in developing strategies to sustain and build upon the progress made while participating in services. This process will begin at the onset of services with the development of an Individualized Service Plan (ISP). The ISP goals and objectives describe what you want to accomplish during your services with HCS. ISP interventions describe what HCS staff will do to assist you in attaining your goals. You will be asked to sign your ISP once it is fully developed; you will need to resign it if changes are made to it during your services. The plan is developed with you, and the ISP is reviewed with you at least quarterly to see if you wish to make any changes to it. Should it be appropriate to the service in which you are involved a Transition Plan will be identified as a part of the ISP when it is developed.

During your services at HCS your provider may think that other programs available within the agency or some other change would benefit you in reaching your goals. Should that be the case, your provider will discuss the services with you and if you agree with the change, a Transition Plan will be developed. You will review this document with your provider and receive a copy of it before the change is made in your service.

Another way of giving input into your services is to create a Crisis Plan with your provider. A Crisis Plan allows you to determine your preferences for how and where you would like to receive treatment in the event of an emergency, and who you would like being involved in assisting you.

Your Assessment, ISP and Transition Plan will be unique to your particular strengths, needs, abilities and preferences.

We are committed to meeting your needs and providing every opportunity for you to be a real partner in service by providing suggestions regarding the quality of care you receive and your satisfaction with services. You will be asked throughout treatment, if the services are meeting your needs and how we could better serve you. Also during the treatment planning process previously discussed you will be the "chief architect" of your service plan by identifying the goal you hope to achieve and the steps you will take toward accomplishing your goal.

In addition to the above ways of being a part of the services we provide, HCS sends a Client Satisfaction Survey to all our clients each year. We also mail a survey to clients who have been discharged from our agency asking for their feedback about what they have achieved through our services. HCS then uses this information when making changes and improvements in our programs.

Throughout your experience at Hanover Community Services, we would like your ongoing input regarding program operations and the provision of services. At any time you can speak to your service provider, meet with their supervisor or any member of the staff. Please speak to your case manager regarding the various consumer groups and program committees which are always looking for new participants.

IN CASE OF AN EMERGENCY

HCS provides emergency mental health assistance to persons and families experiencing a mental health or substance abuse related crisis. Help is available 24 hours a day, 7 days a week. You can access emergency services by calling (804) 365-4200.

Depending on the location of your services, a full overview of evacuation routes and emergency procedures will be provided as part of your orientation. To ensure staff and consumer safety, HCS conducts periodic emergency drills that include both internal and external evacuations. Should you be in the facility when these occur, you will be included in them.

COMPLAINT RESOLUTION PROCESS

It is important to us at HCS that we hear from you and our visitors regarding any problems you encounter as you work with our staff and visit our facilities. It is our goal to address problems immediately and to make whatever corrections are necessary to ensure a positive and beneficial experience with our agency.

It is always our goal to resolve any difficulties at the level at which they occur. But if you believe the problem is not being addressed to your satisfaction, you can talk directly to the staff person's Supervisor, the Program Coordinator, or the Division Director.

Ensuring that the rights of our clients are respected as they receive services is also one of our highest priorities. (A list of rights is included in Section II of this handbook and is also included in your packet of information you receive upon entering services.) If you believe your rights have been violated and your concerns are not resolved through discussions with your care giver, we encourage you to contact our Client Advocate Susan Cunningham at 365-4212. If you are still not satisfied or if you wish to speak to someone outside the agency, you can contact Beverly Garnes at the Department of Behavioral Health and Disability Services at 804-524-7431.

STANDARDS OF PROFESSIONAL CONDUCT

All employees of Hanover Community Services comply with HCS Standards of Professional Conduct in fulfilling the mission of the Community Services. Below are just a few of the Standards that HCS staff follows. If you would like a complete copy of the Standards of Professional Conduct, they are available from any staff member.

CONFLICTS OF INTEREST

1. Agents will not exploit relationships for personal or professional gain. Agents will not solicit personal business transactions with clients, their family members or guardians as customers for any goods or services the agent may offer for sale on a private basis. In addition, agents will not encourage the transfer or referral of HCS clients to a private practice in which the employee has a financial interest.
2. Agents will not accept gifts or gratuity from any firm, contractor, consultant, individual or others who may be associated with County business. Agents may accept cards or written expressions of appreciation. The agent is expected to dissuade any giving of gifts/favors by clients/caregivers and family members. If an agent is offered a gift, the agent is expected to consult with his/her supervisor regarding the gift. If the supervisor determines that non-acceptance of a gift may affect the therapeutic relationship, the agent is expected to tell the client/caregiver/family member that the gift will be accepted only as a donation to the agency. The client/caregiver/family member will receive a letter thanking them for their donation.

3. Agents will use sound judgment and consult with his/her supervisor prior to giving gifts to clients, their family members, or guardians so as not to unduly influence their professional or clinical relationship. Any gifts to clients or family members from agents will be made through the Board as a donation.

4. Agents will avoid personal and professional circumstances that may cause a conflict of interest and hinder their ability to make judgments in the best interest of clients, their family members or guardians. Examples include but are not limited to socializing with clients, family members or guardians and entering into dual relationships with clients, family members or guardians.

5. Agents will not engage in romantic or sexual relationships with clients, their family members or guardians.

LOCATIONS & HOURS OF OPERATION

- ✓ *Request Line for Mental Health or Substance Abuse Services:* 365-4222
- ✓ *Request Line for Intellectual Disabilities Services:* 365-6600

Main Office – Administration

12300 Washington Highway
Ashland, VA 23005
365-4275 (General Information)
365-4252 (Fax)

Hours: Monday – Friday 8:30 – 5:00

Ashland Office – Mental Health & Substance Abuse Services:

12300 Washington Highway	Hours: Monday	8:30 – 5:00
Ashland, VA 23005	Tuesday	8:30 – 5:00
365-4222 (Information & Requests)	Wednesday	8:30 – 9:00
365-4200 (Crisis Services)	Thursday	8:30 – 9:00
365-4252 (Fax)	Friday	8:30 – 5:00
365-4184 (TTY/TDD)		

Mechanicsville Office– Mental Health & Substance Abuse Services:

8475 Bell Creek Road	Hours: Monday	8:30 – 5:00
Mechanicsville, VA 23116	Tuesday	8:30 – 5:00
365-6760 (Office)	Wednesday	8:30 – 9:00
365-4222 (Information & Requests)	Thursday	8:30 – 5:00
365-4200 (Crisis Services)	Friday	8:30 – 1:00
365-6779 (Fax)		

RAFT House -- Mental Health & Substance Abuse Psycho Social Rehabilitation Program:

14433 N. Washington Highway
Ashland, VA 23005
798-4587
798-4752 (Fax)

Hours: Monday – Friday 8:00 – 4:30

Prevention Services

9734 Atlee Commons Drive
Ashland, VA 23005
365-6600

Hours: Monday – Friday, 8:30 – 5:00

365-6639 (Fax)

Supported Employment

9734 Atlee Commons Drive
Ashland, VA 23005
365-6620 (Information and Requests)
365-6639 (Fax)

Hours: Monday – Friday, 8:30 – 5:00

ID Case Management Services

9734 Atlee Commons Drive
Ashland, VA 23005
365-6600 (Information & Requests)
365-6639 (Fax)
365-4184 (TTY/TDD)

Hours: Monday – Friday, 8:30 – 5:00

ID Day Health and Rehabilitation

7179 Stonewall Parkway
Mechanicsville, VA 23111
365-6740
365-6732 (Fax)

Hours: Monday – Friday, 8:30 – 5:00

Organizational Employment

9734 Atlee Commons Drive
Ashland, VA 23005
365-6585 & 365-6589
798-0089 (Fax)

Hours: Monday – Friday, 8:00 – 4:30

SUPPORT AND ADVOCACY GROUPS

American Foundation for Suicide Prevention (AFSP)

www.afsp.org

AFSP is a website for survivors of suicide and includes information for survivors as well as support group information and ways to take part in community awareness efforts.

Hanover Mental Health Association, Inc.

Phone: (804) 798-5902 E-mail: sunrisehse@aol.com

Hanover Mental Health Association, Inc. is a nonprofit founded in the mid-1960s by a group of Hanover County residents.

Hanover County Family Support Group for the Mentally Ill

Hanover Community Services
12300 Washington Hwy.
Ashland, VA 23005
Phone: (804) 365-4222

This group meets the first Thursday of every month from 7:00 p.m. to 8:30 p.m. at the HCS. The family members of persons with mental illness meet to share information about mental

illness, how it affects their lives, and how to help their loved ones who suffer from mental illness.

Hanover ARC

P.O. Box 91
Ashland, VA 23005
Phone: (804) 798-2400
Fax: (804) 798-0310

Hanover ARC is a non-profit, private organization supported by the United Way and private contributions and was established in 1967 to serve Hanover County residents with mental retardation and developmental delays.

Autism Society of America

Central Virginia Chapter
P.O. Box 29364
Richmond, VA 23242-0364
(804) 257-0192

This is a volunteer organization providing information, support and encouragement to parents, family members and professionals in the Central Virginia area. There is an informational newsletter, support groups, fundraisers and advocacy activities.

Down Syndrome Association of Greater Richmond

PO Box 145
Richmond, VA 23218-0145
(804) 796-5141

The Down Syndrome Association of Greater Richmond includes parents, family members, friends and professionals working together to improve the quality of life of persons with Down syndrome. This organization provides a quarterly newsletter, support groups and free packet of information to families.

National Alliance for the Mentally Ill (NAMI)

National Chapter – NAMI

200 N. Glebe Rd.
Suite 1015
Arlington, VA 22203-3754
Phone: (703) 524-7600
FAX: (703) 524-9094
Toll Free: 1-888-486-8264
E-mail: va.ami@aol.com
Website: http://www.behavenet.com/va_ami

Virginia Chapter - VAMI

P.O. Box 1093
Richmond, VA 23218

Phone: (804)225-8264
Fax: (804) 643-3632

NAMI is a nationwide grassroots organization that provides support and education for individuals with mental illness and their family members. NAMI focuses on decreasing stigma, promoting the human rights of the mentally ill, advocacy for the mentally ill, and supports a political lobby for improved treatment and mental health insurance parity.

Community Resources

American Red Cross, Greater Richmond Chapter

420 E. Cary Street
P. O. Box 655
Richmond, Virginia 23205
(804) 780-2250 Fax (804) 780-2263

The American Red Cross provides many vital services to this community. Services include blood pressure screening, disaster assistance and health and safety courses such as CPR and First Aid. The Red Cross welcomes volunteers of all ages.

Capital Area Agency on Aging

Main Office:

24 E. Cary Street
Richmond, Virginia 23219
(804) 343-3049 Fax (804) 649-2258
Central Intake (804) 343-3000

Mechanicsville Office:

7231 Stonewall Parkway,
Mechanicsville, Virginia 23111
(804) 746-1330 Fridays only, 9:00 a.m. – 5:00 p.m.

Montpelier Office:

17193 Mountain Road,
Montpelier, Virginia 23192
(804) 883-6755 Tuesdays only, 9:00 a.m. – 5:00 p.m.

CAAA is a private, non-profit corporation serving people 60 years of age and older to assure that older Virginians in Planning District 15 have access to cost-effective and quality services necessary to be as independent as possible. It provides meal programs, home care, weatherization program, senior employment, health insurance counseling, home share, long-term care ombudsman, representative payee, resource coordinator and foster grandparents. Income eligibility standards may be applied in certain service programs. All service requests are directed to call the central intake number listed above.

Capital Area Training Consortium

5410 Williamsburg Road
Sandston, Virginia 23150
(804) 226-0885 Fax (804) 236-0503
Monday – Friday, 8:00 a.m. – 4:30 p.m.

The Capital Area Training Consortium (CATC) provides employment and training programs under the Job Training Partnership Act. CATC offers skill training, on-the-job training, basic education/GED preparation and youth programs to eligible county residents.

Central Virginia Independent Living Center, Inc.

629 N. Washington Highway
P. O. Box 1294
Ashland, Virginia 23005
(804) 798-2580 Fax (804) 798-2580

The Central Virginia Independent Living Center (CVILC) is a private nonprofit agency dedicated to assisting persons with physical and sensory disabilities to live independently in the community. Services include: Case Management, Peer Counseling, Housing Placement, Advocacy, Technical Assistance, Independent Living Skills Training in a group setting as well as on an individual basis, and Information and Referral. CVILC also offers the same services to persons who are deaf and hearing impaired. In case of emergency, please call 353-6503, the main office.

“Circle of Friends” – Family & Children’s Service

Senior Support Services

1518 Willow Lawn Drive
Richmond, Virginia 23230
(804) 282-4255 Fax (804) 285-3701
Monday – Friday, 8:30 a.m. – 5:00p.m.

Hours vary, call for appointment

“Circle of Friends” is a program sponsored by Family and Children’s Services. Volunteers are matched with elderly individuals or people with disabilities. The primary goal is to assure that the person is not in need or isolated. Volunteers provide this service through weekly visits and phone calls. Clients must be 55 years of age or older. There is no fee for the service.

Habitat for Humanity – Hanover Office

105 Hanover Avenue
Ashland, Virginia 23005
(804) 752-6108

Hanover Habitat for Humanity is a non-profit Christian housing ministry dedicated to the elimination of substandard housing in Hanover County. The construction of a Habitat home is a joint effort, or partnership, between the volunteer workers and perspective homeowners. Each Habitat applicant is reviewed for eligibility. Selected families pay a low house payment as well as pay a small amount toward closing costs.

Hanover Adult Center, Inc.

7231 Stonewall Parkway
P. O. Box 824
Mechanicsville, Virginia 23111
(804) 746-0743 Fax (804) 559-1139
Monday – Friday, 7:00 a.m. – 5:30 p.m.

The Hanover Adult Center provides supervised care for adults. A “family atmosphere” is created to focus on socialization and enjoyment. Activities are based on individual interests and abilities. Licensed health professionals supervise health and medication management. Enrollment is open to any individual that would benefit from a day program of socialization and activities. Individuals are encouraged to attend regardless of their cognitive ability. Fees are determined on an individual basis according to one’s ability to pay. Applicants and their families will meet with staff members to determine needs and goals before entry into the program.

Hanover CASA Program

P. O. Box 470
Hanover, Virginia 23069
(804) 365-4300 Fax (804) 365-4299
Toll Free 1-800-491-0575
Monday – Friday, 8:30 a.m. – 4:30 p.m.

The Hanover CASA program is committed to advocating for the best interests of children involved in the Juvenile and Domestic Relations District court process. The CASA program recruits, trains and supervises competent volunteers dedicated to representing the needs of abused and neglected children as well as other children in juvenile dependency proceedings. The program promotes safe, permanent homes for all children and seeks to educate the community concerning the needs of abused and neglected children.

Hanover County Community Resources

P. O. Box 470
Hanover, Virginia 23069
(804) 365-4300 Fax (804) 365-4299
Toll Free 1-800-491-0575
Monday – Friday, 8:30 a.m. – 4:30 p.m.

Hanover County Community Resources provides comprehensive support to government and non-profit agencies in Hanover County by providing professional and administrative services to address community needs, community resources, and volunteer support/programs. The Department develops, coordinates, and administers a broad community needs and resources program; recruits and refers citizens for specific and general volunteer opportunities; plans, develops, and administers community coalitions to provide support of community resources; provides training and technical assistance on volunteerism, volunteer resource management and community issues; acts as a clearinghouse for volunteer efforts among agencies, citizens and the community at large; and promotes increased public awareness of volunteer accomplishments, volunteer opportunities, community needs, community services, and resources in the County. In addition, the Department develops, implements and manages several County programs, including the Hanover CASA Program, the Winterization Project and the Volunteer Home Repair Referral Projects, which serve the County's elderly, low-income families and persons with disabilities, and the Hanover Youth Service Council, a group of middle and high school students dedicated to planning and implementing service projects and promoting youth service in the community. Lastly, the Department oversees the County's Comprehensive Services Act office.

Hanover County Comprehensive Services Act Office

P. O. Box 470
Hanover, Virginia 23069
(804) 365-4300 Fax (804) 365-4299
Toll Free: 1-800-491-0575
Monday – Friday, 8:30 a.m. – 4:30 p.m.

This office is responsible for the implementation of the Comprehensive Services Act for At-Risk Youth and Families, a Virginia law designed to help troubled youth and their families. The purpose of the act is to provide high quality, child centered, family focused, cost-effective services to eligible youth and their families.

Hanover County Court Service Unit

P. O. Box 4
Hanover, Virginia 23069
(804) 365-6201 or 227-3377 Fax (804) 365-6204
Monday – Friday, 8:30 a.m. – 5:00 p.m.

The Hanover County Court Service Unit assists the Hanover Juvenile and Domestic Relations Court by providing the following services to families and youth: disposition of intake complaints (custody, support, protective orders, children in need of services, children in need of supervision, and criminal), court-ordered probation and intensive probation services, intake diversion services, and after hours emergency intake services. The Court Service Unit provides the following programs: Law-Related Education Program, Community Service Work Program, Parent to Parent Training (parents only), Court Orientation Program (parents of new probationers), Victim Impact Program, field trips and education and support groups.

Hanover County Department of Social Services

12304 Washington Highway
Ashland, Virginia 23005
(804) 365-4100 Fax (804) 365-4110
Toll Free 1-800-770-0837
Monday – Friday, 8:30 a.m. – 4:30 p.m.

The Department of Social Services provides locally administered and State supervised programs and services. The programs include Temporary Assistance to Needy Families, Food Stamps, Medicaid and Fuel Assistance. The Department also offers a wide variety of

services including investigation of child/adult abuse and neglect complaints, foster care services, day care assistance, companion services for the elderly, adoption, information and referral, employment services and nursing home pre-screening. Income eligibility standards may be applied in certain service programs.

Hanover Domestic Violence Task Force, Inc.

629-A N. Washington Highway, Suite A,
Ashland, Virginia 23005
(804) 752-2702 or (804) 752-2728, Fax 752-2738
Monday – Friday, 9:00 a.m. – 5:00 p.m.
Virginia Family Violence & Sexual Abuse Hotline
24-Hour Hotline 1-800-838-8238

The Hanover Domestic Violence Task Force, Inc., oversees the operations of the Hanover Domestic Violence Resource Center. Through the Resource Center, persons victimized by family violence can access the following services: support groups for female victims, a children’s program for child witnesses/survivors of domestic violence, individual counseling, case management, safety planning, court accompaniment, pro bono attorney referral, emergency financial assistance, and emergency shelter, transportation, food and clothing, information and referral and public education and training.

Hanover County Health Department

12312 Washington Highway
Ashland, Virginia 23005
(804) 365-4313 Fax (804) 365-4355
Toll Free 1-800-464-5506
Monday – Friday, 8:00 a.m. – 4:30 p.m.

The Hanover County Health Department provides services on a sliding scale fee basis; some services are free of charge. The Health Department provides: Maternity, Family Planning and Well Child Clinics; childhood and adult immunizations and vaccines for foreign travel; a “Resource Mothers” program for pregnant and parenting teenagers; pre-screening for nursing home admissions or alternate placement; IWIC supplemental food and nutrition education for pregnant/breast feeding women and children; a community dental prevention program for children; case management of high risk pregnant women and infants; health education programs and community/worksite health screenings; environmental health programs for septic tank, well and restaurant inspections, and communicable disease control activities.

Hanover County Parks and Recreation

200 Berkley Street
Ashland, Virginia 23005
(804) 365-4695 Fax (804) 365-4696
Monday – Friday, 8:30 a.m. – 4:30 p.m.

The Parks and Recreation Department provides and promotes leisure services to the citizens of Hanover County. The Department specifically offers, or is involved with, passive park activities, youth programs, adult/youth athletic leagues, bus tours, special events and other activities as deemed appropriate. Cost varies according to program.

Hanover County Public Schools

200 Berkley Street
Ashland, Virginia 23005
(804) 365-4500 Fax (804) 365-4680
Monday – Friday, 8:00 a.m. – 4:30 p.m.

Hanover County Schools provide educational services for county resident's grades K-12. The public school system also provides adult education programs. Special education services for birth through 21 is another function of Hanover Schools including referral for services, evaluation, preschool programs, self-contained and resource classes, speech therapy, parent training, homebound instruction, vocational training, special transportation, occupational and physical therapy, adaptive physical education and a Parent Resource Center.

Hanover READ Center

500 S. Center Street, P. O. Box 2216,
Ashland, Virginia 23005
(804) 798-5820 Fax (804) 798-5844
Monday & Thursday, 11:00 a.m. – 2:00 p.m.

The READ Center (Reading and Education for Adult Development, Inc.) is a not for profit United Way Agency with its main office in Richmond and branch offices in Chesterfield and Hanover. It offers reading, writing and math instruction to adults over the age of 18 at not charge. Volunteer tutors who have literacy training work with adult students, 1 to 1, on a weekly basis to help the students reach their literacy goals, from basic skills improvement to preparation for the GED test. The agency also offers some small class instruction and a workplace program, which is called READ at Work.

Instructive Visiting Nurse Association (IVNA)

100 Arbor Oak Drive, Suite 200
Ashland, Virginia 23005
(804) 798-1158 Fax (804) 798-0885
Monday – Friday, 8:00 a.m. – 5:00 p.m.

The Instructive Visiting Nurse Association (IVNA) has been providing home care for the sick and disabled for 94 years. This agency is the oldest and largest visiting nurse program in Central Virginia with a total staff of more than 75 qualified professionals. A variety of short term and long term health care services are available up to 24 hours per day, seven days a week including: adult and pediatric nursing care, intravenous care, physical therapy, speech therapy, occupational therapy and personal care services. Sitter and companion services are also offered.

Meals on Wheels

1600 Willow Lawn Drive
Richmond, Virginia 23230
(804) 673-5035 Monday – Friday, 8:30 a.m. – 5: 00 p.m.

Ashland Satellite Site:

108 Smithtown Rd.
Ashland, Virginia 23005
(804) 798-5193 Monday – Friday, 9:00 a.m. – 5:00 p.m.

Mechanicsville Satellite Site:

Hanover Adult Center, Inc.

6000 Stonewall Parkway
Mechanicsville, Virginia 23111
(804) 746-0743 Monday – Friday, 7:00 a.m. – 5:30 p.m.

Meals on Wheels provides frail elderly and young disabled shut-ins balanced nutritious meals delivered by volunteers on a permanent or temporary basis, as needed. Fees are charged, but a sponsorship program for those needing assistance is available.

Offender Aid and Restoration (OAR) of Richmond, Inc.

One North Third Street, Suite 200,

Richmond, Virginia 23219

(804) 643-2746 Fax (804) 643-1187

Monday – Friday, 8:30 a.m. – 4:30 p.m.

Offender Aid and Restoration provides GED and literacy tutoring for inmates housed at the Pamunkey Regional Jail. Social and rehabilitative services are provided for inmates released from Pamunkey Regional Jail.

Pamunkey Regional Library

P. O. Box 119

Hanover, Virginia 23069

(804) 365-6211 or (804) 227-3377 Fax (804) 365-6389

Monday – Friday, 9:00 a.m. – 5:00 p.m.

Branch Libraries – Call for Hours

Ashland Branch Library:

201 S. Railroad Avenue

Ashland, Virginia 23005 (804) 798-4072

Atlee Branch Library:

9160 Atlee Road

Mechanicsville, Virginia 23116 (804) 559-0654

Hanover Branch Library:

7527 Library Drive

Hanover, Virginia 23069 (804) 365-6210

Mechanicsville Branch Library:

7179 Stonewall Parkway

Mechanicsville, Virginia 23111

(804) 746-9615

Montpelier Branch Library:

17205 Mountain Road

Montpelier, Virginia 23192 (804) 883-7116

Rockville Branch Library:

16600 Pouncy Tract Road

Rockville, Virginia 23146 (804) 749-3146

The Pamunkey Regional Library provides free public library services, circulation of all types of library materials, books, magazines, recordings and videos, and reference and information services to all residents of Goochland, Hanover, King & Queen, and King Williams Counties. Library programs include story times for pre-schoolers and toddlers, outreach programs for senior centers and display of community and county information in the libraries and in community locations.

Patrick Henry Family YMCA

405 England Street, P. O. Box 563

Ashland, Virginia 23005

(804) 798-0057 Fax (804) 798-5660

Monday – Friday, 8:00 a.m. – 6:00 p.m.

Saturday, 8:00 a.m. – 12:00 p.m.

The Patrick Henry YMCA offers aquatics, fitness, karate classes, Indian Guides and indoor soccer. It also provides summer camping experiences for children 9-15 years of age. The YMCA has walking clubs available. The cost for membership is \$100.00/year for a family, \$65.00/year for an adult and \$40.00/year for a youth. There is an additional fee for classes. Non-members may participate in classes for an additional fee.

Richmond Goodwill Industries, Inc.

6301 Midlothian Turnpike
Richmond, Virginia 23225
(804) 745-6300 Fax (804) 276-6519

Hanover:

10485 Dow-Gill Road
Ashland, Virginia 23005
(804) 798-1740

The Job Center at Richmond Goodwill Industries provides comprehensive services in the areas of education, training and employment to persons who are unemployed or under-employed. These services are available through a collaborative partnership with several agencies. Specific services offered at the main facility include assessment, availability of local labor market and community resource information, access to job listings, registration for services through the Virginia Employment Commission, computers for resume preparation, skill training, community college courses, adult basic education/GED classes, literacy tutoring, job preparedness classes, work adjustment training, case management services and job placement assistance. Services from the Richmond Department of Social Services are available for City of Richmond residents. A monitored child play area is available for limited periods to assist parents who would like to access services at our facility. Individual programs and services have specified entrance criteria. Hanover County residents may utilize the resources available at the main facility. Services available in Hanover are school to work transition and work adjustment training.

St. Joseph's Villa

8000 Brook Road
Richmond, Virginia 23227
(804) 553-3200 Fax (804) 553-3259 Hours vary by program

St. Joseph's Villa is a private, non-profit human service organization dedicated to serving children and families in need by providing: individualized alternative and special education, therapeutic support services for children with mental and/or physical disabilities, transitional and support services for homeless families, HUD-sponsored Section 8 housing for disabled adults and the elderly, professional child care, short-term emergency shelter care and counseling services for children who have suffered from or witnessed abuse and neglect, residential, day and respite services.

Sheltering Arms Physical Rehabilitation Center

Hanover Medical Park
6110 Meadowbridge Road
Mechanicsville, Virginia 23111
(804) 730-0196 Fax (804) 730-0137
Monday – Friday, 8:00 a.m. – 5:00 p.m.

At the Mechanicsville satellite location, Sheltering Arms offers a wide array of outpatient therapies including physical therapy, occupational therapy, speech-language and audiology, and neuropsychology. Treatment is also offered for sports and orthopedic injuries as well. In addition, this location also features the Day Rehabilitative Program, a full or half-day program of comprehensive therapies provided on an outpatient basis. Sheltering Arms-We Teach You How to Live Without Us!

Special Olympics – Hanover

5186 Summer Plains Drive
Mechanicsville, Virginia 23116
(804) 746-0082

Special Olympics is the largest program of year round sports training and athletic competition for persons with mental retardation or closely related developmental disabilities, from the age of 8 through adult. Athletes are of all ability and experience level.

Social Security Administration

Downtown:

718 East Franklin Street,
Richmond, Virginia 23219
(804) 771-8125 Toll Free: 1-800-772-1213;
Toll Free TTY: 1-800-771-2625

www.ssa.gov

West End:

4212 Park Place Court
Glen Allen, VA 23060
(804) 673-7555 Toll Free: 1-800-772-1213
Toll Free TTY: 1-800-325-0778

Monday – Friday, 9:00 a.m. – 4:00 p.m.

The Social Security Administration (SSA) regulates a number of benefits. The major categories of benefits are: retirement, disability (SSI & SSDI), family benefits, survivor benefits, and Medicare. To file for benefits, get information or speak to a Social Security representative, call the toll-free number – 1-800-772-1213. Lines are busiest early in the week and early in the month.

Statewide Human Services Information & Referral Program

1-800-230-6977

The Statewide Human Services Information and Referral Program provides information on a wide variety of resources such as government agencies, volunteer services, support groups, transitional services and employment, disability services, maternal and child care issues, and much, much more. They provide accurate, quick, free and confidential information and referral to all Virginians.

Virginia Cooperative Extension

13224 Hanover Courthouse Road
P.O. Box 9
Hanover, Virginia 23069
(804) 365-4310 Fax (804) 365-4311
Toll Free: 1-800-365-6123
Monday – Friday, 8:00 a.m. – 4:30 p.m.

Hanover County Virginia Cooperative Extension offers research-based information to help individuals and families in the rural and urban areas of the county. Educational programs are offered to all Hanover citizens in agricultural production, commercial horticulture, home horticulture, community resource development, family and consumer sciences, and youth development (4-H).

Virginia Department of Rehabilitative Services

2001 Maywill Street Suite 202
Richmond, Virginia 23230
(804) 588-3333 Fax (804) 367-1260
Monday – Friday, 8:15 a.m. – 5:00 p.m.

The Virginia Department of Rehabilitative Services (DRS) offers assistance to persons with physical, mental and emotional disabilities in order that they may become self-supporting and as independent as possible. Through the provision of comprehensive rehabilitative services, individuals are appropriately prepared and trained for suitable jobs and placed in gainful employment.

Additional Community Resources

This is only a few providers within the area; you may also see the yellow pages for more providers.

Adoption/ Foster Care/Therapeutic Foster Care

The Bair Foundation

804-228-8210

www.bair.org

Benchmark Family Services, Inc.

804-673-8090

Bethany Christian Services, Inc.

804-360-0466

www.bethany.org

Braley and Thompson, Inc.

804-553-9401

www.btkids.com

Commonwealth Catholic Charities, Inc.

804-285-5900

www.cccofvirginia.org

Coordinators 2 Inc.

804-354-1881

www.c2adopt.org

Children's Home Society

804-353-0191

www.chsfva.org

Extra Special Parents, Inc.

804-714-1776

www.extraspecialparents.org

Family First Christian Service, LLC

804-560-3334

Hargrove, Oliver, and Parker, Inc.

T/A HOPE

804-320-1395

Inspirational Youth Services, Inc.

804-344-0777

Intercept Youth Services, Inc.

804-726-9720

www.youthquestinc.com

Jewish Family Services, Inc.

804-282-5644

www.jfsrichmond.org

LDS Family Services of Virginia

804-743-0727

Fam-va@ldsfamilyservices.org

NDU Time Youth & Family Services

804-303-8393

Outreach Foster Care Services

804-426-6323

State Department of Social Services

800-do-adopt

www.dss.state.va.us

United Methodist Family Services of Virginia,
Inc.

804-353-4461

www.umfs.org

Virginia Home for Boys and Girls

804-270-6566

www.boysandgirlshome.org

Volunteer Emergency Families for Children

560-9618

www.vefc.org

Adult Residencies/ Assisted Living

Alpha House
811 Thompson Street
ASHLAND, VA 23005
(804) 798-3239

ARC Imperial Services, Inc.
1717 Bellevue Avenue
RICHMOND, VA 23227
(804) 262-6537

Assisted Living at Lucy Corr Village
6800 Lucy Corr Court
CHESTERFIELD, VA 23832
(804) 748-1511

Beaufont Towers
7015 Carnation Street
RICHMOND, VA 23225
(804) 320-1412

Beth Sholom Gardens
2001 Lauderdale Drive
RICHMOND, VA 23233
(804) 754-0900

Brook Haven Rest Home
610 Fourqurean Ln.
RICHMOND, VA 23222
(804) 329-6347

Chesterfield at Brandermill Woods
2100 Brandermill Parkway
MIDLOTHIAN, VA 23112
(804) 379-7100

Chestnut Grove Assisted Living Facility
9010 Woodman Road
RICHMOND, VA 23228

(804) 444-0637

Chippendale Retirement Center
4931 Ridgedale Parkway
RICHMOND, VA 23234
(804) 271-9502

Covenant Columns Manor
510 Park Avenue
RICHMOND, VA 23223
(804) 222-7755

Covenant Woods
7090 Covenant Woods Drive
MECHANICSVILLE, VA 23111
(804) 559-8000

The Crossings @ Bon Air
9100 Bon Air Crossing
RICHMOND, VA 23112
(804) 560-1440

Elmcroft of Chesterfield
100 Twin Ridge Lane
RICHMOND, VA 23235
(502) 753-6000

Elizabeth House
3590 Mountain Rd
GLEN ALLEN, VA 23060
(804) 672-7580

Emeritus @ Deep Run
1800 Gaskins Road
RICHMOND, VA 23238
(804) 741-8880

Elder Care of Richmond
310 West 31st Street

RICHMOND, VA 23225
(804) 231-6423

Gayton Terrace
12401 Gayton Road
RICHMOND, VA 23233
(813) 287-3941

Ginter Hall South
11300 Mall Court Drive
RICHMOND, VA 23235
(804) 794-7770

Hanover Manor
Route 54-West
ASHLAND, VA 23005
(804) 798-3239

The Haven Assisted Living @ Eleanor
7472 Eleanor Drive
MECHANICSVILLE, VA 23111
(804) 852-3561

The Haven Assisted Living @ Harborough
1609 Harborough Road
RICHMOND, VA 23238
(804) 779-4847

The Haven Assisted Living @ Hebner
6915 Hebner Lane
MECHANICSVILLE, VA 23116
(804) 852-3561

The Haven Assisted Living @ River Road
6303 River Road
RICHMOND, VA 23229
(804) 282-6771

The Haven Assisted Living @ Rockhill
4356 Rockhill Road
MECHANICSVILLE, VA 23111
(804) 779-4847

The Haven Assisted Living @ Sandy Valley
4350 Sandy Valley Road

MECHANICSVILLE, VA 23111
(804) 852-3561

Heartfields At Richmond
501 North Allen Avenue
RICHMOND, VA 23220
(804) 257-7949

Heritage Green Assisted Living
7080 Brooks Farm Road
MECHANICSVILLE, VA 23111
(804) 746-7370

Jones & Jones Two ALF
7806 Forest Hill Avenue
RICHMOND, VA 23225
(804) 560-1500

Jones & Jones, LLC
7804 Forest Hill Avenue
RICHMOND, VA 23225
(804) 272-1814

Lakewood Manor Baptist Retirement
Community
1900 Lauderdale Drive
RICHMOND, VA 23233
(804) 740-2900

The Lynmoore Richmond West End
12411 Gayton Road
RICHMOND, VA 23238
(804) 741-9494

Madison House
3212 Chamberlayne Avenue
RICHMOND, VA 23227
(804) 358-9300

Magnolia's Assisted Living of Chesterfield
6701 Courtyard Road
CHESTER, VA 23832
(804) 778-7777

Masonic Home of Virginia

4101 Nine Mile Road
RICHMOND, VA 23223
(804) 222-1694

Meadow Glen of Richmond
2400 Gaskins Road
RICHMOND, VA 23238
(804) 965-2155

Morningside at Skipwith (West End)
3000 Skipwith Road
RICHMOND, VA 23294
(804) 270-3990

Our Lady of Hope
13700 N. Gayton Road
RICHMOND, VA 23233
(804) 360-1960

The Quan, LLC
4840 Longbridge Road
RICHMOND, VA 23117
(804) 427-6968

Rita's Heavenly Assisted Living #2
700 West Washington Street
HIGHLAND SPRINGS, VA 23025
(804) 737-4268

Southerland Place
14016 Turnberry Lane
MIDLOTHIAN, VA 23113
(804) 897-8884

Spring Arbor of Richmond
9991 Ridgefield Parkway
RICHMOND, VA 23233
(804) 754-8700

Spring Arbor of Salisbury

14001 Turnberry Lane
MIDLOTHIAN, VA 23113
(804) 897-2727

St. Joseph's Home for the Aged
1503 Michael Road
RICHMOND, VA 23229
(804) 288-6245

Sunrise at Bon Air
2105 Cranbeck Road
RICHMOND, VA 23235
(804) 560-7707

Sunrise of Richmond
1807 N. Parham Road
RICHMOND, VA 23229
(804) 967-0303

Tiffanie's Manor
115 N. Jefferson Street
RICHMOND, VA 23220
(804) 648-6924

The Village at Stratford Hall
2125 Hilliard Road
RICHMOND, VA 23228
(804) 266-9666

Westminster Canterbury - Richmond
1600 Westbrook Avenue
RICHMOND, VA 23227
(804) 264-6000

Windsor Senior Living
3600 Grove Avenue
RICHMOND, VA 23221
(804) 353-3881

Adult Residencies/ Halfway Houses (options for individuals with substance use problems)

The African American House Church Hill
3208 East Broad Street

Richmond, VA 23230
354-1996

Freedom House
1201 Hull Street
Richmond, VA
232-1949

The Healing Place
700 Dinwiddie Avenue
Richmond, VA 23224-5522
(804) 230-1217

Libbie Avenue Recovery House
For information contact Clinton Carter
804-334-9112
Soberliving12@embarqmail.com

A sober and drug-free environment for men in need of recovery and fellowship housing. Weekly and monthly rates are available. It is a non-smoking facility. Utilities and cable included. Laundry room. Convenient west end location. Mandatory drug testing. Weekly meeting. Men's ministry onsite. Walking distance to bus lines, St. Mary's Hospital, meetings, restaurants, bank, cafes, grocery store and shopping center.

Oxford House
4500 Patterson Avenue
Richmond, VA 23221
(804) 359-2406

Salvation Army Rehabilitation Center
2601 Hermitage Road
Richmond, VA 23220
(804) 359-0269

No detox available. Must be able to work and medically stable. You will need social security card and one ID. Individuals do not need to be homeless.

Alcohol and Drug Abuse (also see Inpatient/Outpatient Resources and Community Services Boards)

Al-anon
353-4885

Alateen
353-4885

Alcoholics Anonymous
804-355-1212

Co-dependents Anonymous
804-278-9133

Double Trouble
718-373-2684
www.doubletroubleinrecovery.org

Human Resources, Inc.
644-4636

McShin Foundation
2300 Dumbarton Road
Richmond, VA 23228-6014
(804) 249-1845

McShin Foundation provides various services for substance abuse to include inpatient treatment and peer recovery services, etc.

MCV
828-9000

Narcotics Anonymous
804-965-1871

Recovery, Inc.
866-221-0302
www.recovery-inc.org

Richmond Aftercare
231-5592

SAARA Center for Recovery
306 Turner Road, Suite L
Richmond, VA 23225

SAARA provides various services for substance abuse to include peer recovery services, etc.

WARM Lines
ABIL 804-257-5591
Healing Ear 540-438-9205
Reston Drop-In Center 703-437-5349

Childcare Resources

Advent Christian Child Care Center
8079 Studley Road
MECHANICVILLE, VA 23116
(804) 746-0279

All Aboard Child Development Center
7147 Stonewall Parkway
MECHANICVILLE, VA 23111
(804) 559-0101

Ashland Christian Center
Ashland Christian Ctr. Pre.
12230 Maple Street
ASHLAND, VA 23005
(804) 752-2038

Ashland Community Preschool
500 South Center Street

Arts and Activity Center
ASHLAND, VA 23005
(804) 798-0409

Bell Creek Child Development Center
7620 Left Flank Rd
MECHANICSVILLE, VA 23116
(804) 559-2007

Bethel Baptist Church
Bethel Baptist Preschool
1100 Huguenot Springs Road
MIDLOTHIAN, VA 23113
(804) 794-8590

Bon Secours Family Center @ Memorial
Regional Medical Center
8260 Meadowbridge Road
MECHANICSVILLE, VA 23111
(804) 559-0647

Bundle of Joy - Atlee
9550 Kings Charter Drive
ASHLAND, VA 23005
(804) 550-1592

Cherub School
3263 Old Church Road
MECHANICSVILLE, VA 23111
(804) 779-3454

Childtime Learning Center-Old Hickory
7452 Old Hickory Drive
MECHANICSVILLE, VA 23111
(804) 746-7333

Childtime Learning Center-Windmill
8226 Windmill Watch Drive
MECHANICSVILLE, VA 23116
(804) 730-0507

Church of the Creator
Creator Preschool

7159 Mechanicsville Turnpike
MECHANICSVILLE, VA 23111
(804) 746-2720

Cool Spring Child Care Center
9283 Atlee Station Road
MECHANICSVILLE, VA 23116
(804) 746-4179

Country Day School
16241 Woodman Hall Road
MONTPELIER, VA 23192
(804) 883-6085

First Baptist Ashland Church
First Baptist Church CDC
800 Thompson Street
ASHLAND, VA 23005
(804) 798-9014

First Shiloh Baptist Church
Sonlight Learning Center
8150 Walnut Grove Road
MECHANICSVILLE, VA 23111
(804) 730-1348

Friendly Care Day School
6420 Mechanicsville Turnpike
MECHANICSVILLE, VA 23111
(804) 746-0692

Gingerbread Cottage Preschool - Berea
15421 Pouncey Tract Road
Berea Baptist Church
ROCKVILLE, VA 23146
(804) 755-1667

Hanover Academy Early Childhood
Development Program
115 Frances Road
ASHLAND, VA 23005
(804) 798-8413

Hanover Church of the Nazarene
8391 Atlee Road
MECHANICSVILLE, VA 23116
(804) 746-3900

Just Like Home Child Care Too
8355 Meadowbridge Road
MECHANICSVILLE, VA 23116
(804) 730-8998

Kiddie Kingdom, Inc.
813 Thompson Street
ASHLAND, VA 23005
(804) 798-2767

Liberty Christian Church
Liberty Christian School
8094 Liberty Circle
MECHANICSVILLE, VA 23111
(804) 746-3062

Mechanicsville Baptist Church Child Care
Center
8016 Atlee Road
MECHANICSVILLE, VA 23111
(804) 746-7732

Messiah Lutheran Church
8154 Atlee Road
MECHANICSVILLE, VA 23111
(804) 746-7134

Minnieland P.D.S. - Ashcake Road
304 Ashcake Road
ASHLAND, VA 23005
(804) 798-2886

Minnieland P.D.S. - Creighton Pkwy.
7386 Creighton Parkway
MECHANICSVILLE, VA 23111
(804) 569-1717 (101)

New Hanover Presbyterian Church
New Hanover Christian School
10058 Chamberlayne Road
MECHANICSVILLE, VA 23111
(804) 730-9700

Noah's Ark Christian Day Care
13100 Mountain Road
GLEN ALLEN, VA 23059
(804) 752-6077

Patrick Henry Family YMCA/ S. Anna
Elementary
13122 Walton's Tavern Road
MONTPELIER, VA 23192
(804) 883-7535

Pooh Corner Center
10251 Timber Ridge Drive
ASHLAND, VA 23005
(804) 550-2420

Primrose School of Atlee Commons
9650 Atlee Commons Drive
ASHLAND, VA 23005
(804) 550-3400

Rainbow Station - Hanover Medical Park
8218 Atlee Road
MECHANICSVILLE, VA 23116
(804) 730-1010

Rockville Day Camp
16283 Pouncey Tract Road
ROCKVILLE, VA 23146
(804) 749-4742

Shady Grove United Methodist Church
Kitty's Kids
8209 Shady Grove Road
MECHANICSVILLE, VA 23111
(804) 559-7690

The Day School - New Highland Baptist Church
9200 New Ashcake Road
MECHANICSVILLE, VA 23116
(804) 550-9601

The Gingerbread Cottage-6395 Mechanicsville
6395 Mechanicsville Turnpike
MECHANICSVILLE, VA 23111
(804) 779-0101

The Goddard School
7503 Old Hickory Road
MECHANICSVILLE, VA 23111
(804) 746-2922

The Goddard School - Ashland

9431 Atlee Commerce Boulevard
Ashland, VA 23005
(804) 550-0092

The Learning Connection Child Development
Center
7172 Pole Green Road
MECHANICSVILLE, VA 23116
(804) 559-1005

The Montpelier Center for Arts & Education
17205 Mountain Road
MONTPELIER, VA 23192
(804) 883-7378

The Village at Rainbow Station - Hanover
Medical Park
8216 Atlee Road
MECHANICSVILLE, VA 23116
(804) 730-0183

Toddler Town
12465 Maple Street
ASHLAND, VA 23005
(804) 798-2028

Toddler University
9001 Dicky Drive
MECHANICSVILLE, VA 23116
(804) 569-0301

Tuckaway Child Development and Early
Education Center
6857 Cold Harbor Road
MECHANICSVILLE, VA 23111
(804) 730-2454

Walnut Grove Children's Learning Center
Walnut Grove Baptist Church
7046 Cold Harbor Road
MECHANICSVILLE, VA 23111
(804) 730-6324

YMCA - Patrick Henry - Beaverdam Elementary
15485 Beaverdam School Road
BEAVERDAM, VA 23015
(804) 449-6027

Child and Youth Social Development

American Red Cross Volunteer Program
780-2250

Big Brother/Big Sister
282-0856

Bethlehem Center
329-1923

Boys and Girls Clubs of Richmond
359-5250

Boy Scouts
355-4306

Chesterfield Parks and Recreation
748-1623

Girl Scouts
746-0590

Hanover Parks and Recreation
537-6165

Henrico Parks and Recreation
672-5100

Jewish Community Center
288-6091

Richmond Parks and Recreation
780-5733

Richmond Police Athletic League
780-7725

Salvation Army Boys and Girls Club
222-3122

William Byrd Community House
643-2717

YMCA

Ashland 798-0057

Chester 748-9622

Chickahominy 737-9622

Downtown Richmond 644-9622

Manchester (southside) 276-9622

Shady Grove 270-3866

Tuckahoe 740-9622

Clothing/Food/Other

Ashland Churches Emergency Services (ACES)

507B Caroline Street

Ashland, VA 23005

804-798-2784

Food is available based on family size and verified need. Other services available: clothing, bedding, utensils, dishes, pots and pans, towels and linens, baby equipment, household items, large and small appliances, furniture, rugs, as well as many others.

Angel Food Ministries

Faith Landmark Ministries

Purchase \$65.00 in groceries for \$30.00. They accept food stamps and money has to be paid first.

804-262-7104

Ashland Presbyterian Church

Food pantry

(804) 798-5543

Beaverdam Baptist Church

Food pantry

449-0055

Bethel United Methodist Church

Food pantry

994-5344

Bethlehem Presbyterian Church

Food pantry

779-3775

Central Virginia Food Bank

Has information on several food banks within the area and will direct individuals to them.

(804) 521-2500

Church of the Creator

Food pantry

746-8765

Commonwealth Catholic Charities

A variety of services are offered to assist individuals to include, food, point of entry for homeless individuals, etc.

804-285-5900

Dress for Success

Supplies clothing for interviews/work, typically for females. Soon an office will be established in Richmond, currently there is a location in Hampton.

Elder Homes

Can provide assistance with weatherization funds or funds to replace a furnace.

233-2827

Faith, Hope and Victory Chapel Community Church

Food pantry

804-798-1288

First Baptist Church in Ashland

Food pantry

798-9014

Freecycle.com

Website that has various items for free. Requires internet access and setting up email account to receive emails. (Consider opening up email account which is used for this purpose only, you will receive several emails!)

Goodwill

Inexpensive clothing available. Job center available to assist with obtaining employment. Services include: access to computers to apply for jobs, develop resumes, has access to fax machines, etc.

7147 Brandy Run Dr.

Mechanicsville, VA 23111

804-417-6700

10485 Dow Gil Rd

Ashland, VA 23005

Phone: 804-798-3871

Greater Nazarene Baptist Church

Food pantry

730-1259

Hanover Evangelical Friends

Food pantry

730-9512

Hanover's Mobile Food Pantry

Visit Hanover County department of social services and request a food voucher for the next Mobile Food Pantry in your area. There are a limited number of vouchers available. You MUST have a vouchers, provided by Hanover County Department of Social Services, to receive food from this pantry. Please bring your own re-usable grocery bag to carry your items. Distribution of food is held once a month and provides up to 60 pounds of food for individuals and families. This service is made possible through efforts of the central Virginia food bank and First Shiloh Baptist Church of Mechanicsville. Call 365-4100 for more information and to schedule an appointment.

Indoor Plumbing Rehabilitation Program

877-675-5858

www.housingpartnerships.org

Meals on Wheels

Mission is to provide meals to homes of the elderly and people with disabilities who cannot prepare food for themselves.

673-5035

Mechanicsville Baptist Church

Food pantry

746-7253

Mechanicsville Christian Center

Food pantry

746-4303

Mechanicsville Churches Emergency Functions (MCEF)

Assists with minor repairs, food, etc.

804-357-4093

New Bethesda Baptist Church

Food pantry

779-2101

Northside Baptist Church

Food pantry

746-4952

Salvation Army

Inexpensive clothing available as well many other services (may vary at locations)

3807 Mechanicsville Turnpike

Richmond, VA

804-497-8779

William Byrd Community House

For nearly nine decades, William Byrd Community House has helped individuals and families in the community of Richmond, Virginia achieve self-sufficiency. Our approach is providing a unique array of high-quality prevention-oriented, community-based programs and services. These include nationally accredited early childhood and after school programs, career preparation services for youth, case management and emergency assistance, and outreach programs. We work in partnership with community groups, other nonprofits and the business and public sectors to ensure that our customers and clients have access to high-quality education, housing, health care, employment and nutrition.

643-2717

Local Social Services Agency

See social service agencies section below

Community Services Boards

Chesterfield Community Services Board

P.O. Box 92,

Chesterfield, VA 23832

Phone: (804) 748-1227

Emergency: (804) 748-6356

Coverage Area: Chester, Chesterfield , Ettrick, Matoaca, Midlothian, Mosely

Goochland Community Services Board

P.O. Box 189,

Goochland, VA 23063

Phone: (804) 556-5400

Emergency: (804) 556-3716

**Coverage Area: Crozier, Goochland, Gum Spring, Hadensville, Maidens, Manakin-Sabot, Oilville,
Powhatan**

Hanover Community Services Board

12300 Washington Highway,

Ashland, VA 23005

Phone: (804) 365-4222

Emergency: (804) 365-4200

Coverage Area: Ashland, Beaverdam, Doswell, Hanover, Mechanicsville, Montpelier, Rockville

Henrico Community Services Board

10299 Woodman Road,

Glen Allen, VA 23060

Phone: (804) 727-8500

Emergency: (804) 727-8484

**Coverage Area: Charles City County, Red House, Glen Allen, Henrico, Highland Springs, Sandston,
Lanexa, New Kent County, Providence Forge, Quinton**

RBHA Community Services Board

107 S. Fifth Street,

Richmond, VA 23219

Phone: (804) 819-4000

Emergency: (804) 819-4100

Coverage Area: Richmond City

Courts

Chesterfield County

Circuit Court

**9500 Courthouse Road
Chesterfield, VA 23832**

748-1241

General District Court

**9500 Courthouse Road
Chesterfield, VA 23832**

748-1231

Juvenile and Domestic Relations

7000 Lucy Corr Boulevard

748-1379

Goochland County

Circuit Court

**2938 River Road West
Goochland, VA 23063**

556-5353

General District Court

Circuit Court

**2938 River Road West
Goochland, VA 23063**

556-5309

Juvenile & Domestic Relations

2938 River Road West

Goochland, VA 23063

556-5309

Hanover County

Circuit Court

7507 Library Drive

Hanover, VA 23069

365-6152

General District Court

7507 Library Drive

Hanover, VA 23069

365-6457

Juvenile & Domestic Relations

7507 Library Drive

Hanover, VA 23069

365-6200

Henrico County

Circuit Court

4301 East Parham Road

Richmond, VA 23273

501-4202

General District Court

4301 East Parham Road
Richmond, VA 23273
501-4723

Juvenile & Domestic Relations
Juvenile Courts Building
4201 East Parham Road
Richmond, VA 23273
501-4688

New Kent County
Circuit Court
12001 Courthouse Circle
New Kent, VA 23124
966-9250

General District Court
12001 Courthouse Circle
New Kent, VA 23124
966-9530

Juvenile & Domestic Relations
12001 Courthouse Circle
New Kent, VA 23124
966-9620

Powhatan County
Circuit Court
3880 Old Buchingham Road
Powhatan, VA 23139
598-5660

General District Court
3880 Old Buchingham Road
Powhatan, VA 23139
598-5665

Juvenile & Domestic Relations
3880 Old Buchingham Road
Powhatan, VA 23139
598-5665

Richmond City
Circuit Court
John Marshall Courts Building
400 North 9th Street
Richmond, VA 23219
646-6505

General District Court
John Marshall Courts Building
400 North 9th Street
Richmond, VA 23219
646-6461

Juvenile & Domestic Relations
Oliver Hill Courts Building
1600 North 17th Street, Suite C-181
Richmond, VA 23223

Crisis/Emergency Lines

Charles City 966-5959
Chesterfield 748-6356
Goochland 556-3716
Hanover 752-4222
Henrico 261-8484
New Kent 966-5959
Powhatan 598-2697
Richmond City 648-9224

Crisis Stabilization Units (CSU)

RBHA CSU
107 S. Fifth Street
Richmond, VA 23219
804-343-7691

Rubicon CSU
Southside Virginia Training Center Building 65
36317 West Washington Street
Petersburg, VA 23803
804-524-7075

Disaster Relief

American Red Cross
420 East Cary Street
Richmond, VA 23235-5226
(804) 780-2250

Salvation Army
225-7470

Disability Services

Adult care Services 261-0205

Autism Society 749-3706

Central VA Independent Living Center 353-6503

Children's Hospital 321-7474

Cerebral Palsy Center 321-6666

Community Center for the Deaf 285-9632

MCV 828-9000

Richmond Goodwill Industries 745-6300

Rights of the Disabled 225-2042

Social Security Administration 800-772-1213 or 771-2921

SSI (to apply) 780-7063

VA Department of the Deaf and Hard of Hearing 662-9502

VA Department of Rehabilitative Services 800-552-5019

VA Department of Visually Handicapped 800-662-2155

Domestic Violence/ Sexual Assault and Child Abuse Resources

Chesterfield Domestic Violence Resource Center
706-6600

Child Abuse and Neglect Hotline
800-552-7096

VA Family Violence Hotline
643-0888

Hanover Domestic Violence Resource Center
804-752-7135

Hanover Domestic Violence and Sexual Assault Hotline
24 hour domestic violence and sexual assault services
Local: 804-752-2702
Toll Free: 888-370-7233

Henrico Domestic Violence Program/Division Police
501-5732

Henrico Safe Harbor
287-7877

Home Run Runaway Hotline

800-488-4663

Powhatan/Goochland Domestic Violence Program

804-598-8510

Project Hope at Quinn Rivers Agency (New Kent)

877-966-4357

Richmond Family Violence Prevention Program

646-7665

Sexual Assault Group

804-752-2728

VCU Sexual Assault Program

828-2085

VA Against Domestic Violence Hotline

800-838-8238

YWCA – Women’s Victim Advocacy Program

643-6761

Richmond – 643-0888

Chesterfield/Tri- Cities – 796-3066

Employment

Capital Area Training Consortium 226-0885

Richmond Community Action Program 788-0050

Richmond Urban League 649-8407

Virginia Employment Commission 786-6001

Women’s Resource Center 289-8020

Eyeglasses and Dentures (financial assistance)

Ashland Lions Club

804-264-2044

Lens Crafters Gift of Sight Program

Eye exam and eye glass assistance

Affordable Dentures

800-336-8873

Affordable Dentures

Dr. Hedges
748-4546

Lutheran Family Services

Free Clinics

Bon Secours Care A Van Program

Bon Secours Richmond Care-A-Van program is mission in action, where clinicians and physicians can find a unique outlet for community involvement. The Care-A-Van is a mobile health clinic that travels throughout the Greater Richmond area to provide free primary, urgent and preventive health care. Medical services include health screenings, immunizations and school physicals for children, flu shots for adults and examination and treatment of sick uninsured patients. Volunteers also assist with the set-up and break-down of sites, helping with patient flow and registration and other tasks as requested.

Cross Over Ministry
108 Cowardin Avenue
Richmond, VA 23224

Serves Chesterfield, Hanover, Henrico, New Kent, and Richmond City

Cross Over Ministry is a 22-year-old Virginia free clinic in Richmond, providing compassionate health care to people in need. Cross Over serves a vulnerable population that includes children, the elderly, low-income families, the uninsured working poor and the working and unemployed homeless.

804-233-5016

Julie Bilodeau

www.crossoverministry.org

Fan Free Clinic
P.O. Box 6477
Richmond, VA 23230

Clinic Location:

1010 North Thompsons Street
Richmond, VA 23230

Fan Free Clinic serves low-income and uninsured residents of the Greater Richmond Metropolitan Area who cannot afford medical care and mental health services. Our client population is primarily the working poor who cannot pay sliding-scale fees or high service co-pays. Services include general medical care, immunizations, chronic disease care and mental health therapy. Fan Free Clinic also offers extensive social services, health education services and outreach services.

804-358-6343/2437

Karen Legato

www.fanfreeclinic.org

St. James the Less Free Medical/Dental Clinic

125 Beverly Road

P.O. Box 117

Ashland, VA 23005

804-798-8890

Susan Hubbard

Ashland Christian-Disciples of Christ Foot Care (Podiatry) Clinic

302 S. James St.

Ashland, VA 23005

Phone: 804-752-3456

Co-Directors: Jennifer Sydnor & Marcie Moyer

Shiloh Baptist Eye Clinic

106 S. James St.

Ashland, VA 23005

Phone: 804-798-8890

Coordinator: Susan Chambers

Mechanicsville Christian Center Dental Clinic

8061 Shady Grove Rd.

Mechanicsville, VA 23111

Phone: 804-559-0995

Co-Directors: Taunia Stephens & Tanya Hall

Shady Grove United Methodist – Cheryl Watson Memorial Medical Clinic

8209 Shady Grove Rd.

Mechanicsville, VA 23111

Phone: 804-559-0486

Fax: 804-559-0487

Director: Beth-Marie Helmbrecht

Serves Hanover and Richmond Metro Area. Dedicated to providing, through the services of professional and non-professional volunteers, free medical/dental care to eligible, uninsured, low-income Hanover County, VA residents. Care is offered at 5 locations, all housed by local churches. All patients must phone to pre-register and go through a registration process (prove eligibility), in order to be given an appointment for care. Services offered include dental exams, treatment, hygiene, and dentures; medical care, prescription assistance, eye exams and glasses, and mental health counseling.

Love of Jesus Health Clinic

10930 Hull Street Road

Midlothian, VA 23112

Serves: Richmond City, Chesterfield, and surrounding counties. Our clinic is located in Chesterfield County and provides free medical and dental care to the low-income uninsured. We are open Monday through Friday 10-5pm and some nights throughout the month. We accept patients by appointment only. We accept volunteers and patients of all faiths.

804-674-7499

Elizabeth C. Croxton

Health Departments

Charles City Health Department

7501 Adkins Road
Charles City, VA 23030
804-829-2490

Chesterfield Health Department

9501 Lucy Corr Circle
P.O. Box 100
Chesterfield, VA 23832
Telephone: (804) 748-1691

Colonial Heights Health Department

200 Highland Avenue
P.O. Box 3401
Colonial Heights, VA 23834
Telephone: (804) 520-9380

Goochland Health Department

1800 Sandyhook Road
Goochland, VA 23063
804-556-5343

Hanover Health Department

12312 Washington Highway
Ashland, VA 23005
804-752-4313

Henrico Health Department

West Henrico Health Department

Mailing Address:
P. O. Box 90775
Henrico, VA 23273-0775
Physical Address:
8600 Dixon Powers Drive
Henrico, Virginia 23228

East Henrico Health Department

Glen Echo Building
3810 Nine Mile Road
Henrico, VA 23223
New Kent
12025 Courthouse Circle
New Kent, VA 23124
804-966-9640

Powhatan Health Department

3908 Old Buckingham Rd, Suite #1
P.O. Box 12
Powhatan, VA 23139
Telephone: (804) 598-5680

Richmond City Health Departments

804-205-3500

Central Richmond (Downtown)

400 E. Cary Street
Richmond, Virginia 23219

East Richmond

Richmond Community Hospital

1500 North 28th Street
Richmond, Virginia 23223

South Richmond

Southside Community Service Center

4100 Hull Street
Richmond, Virginia 23224-1745
Central Richmond (Downtown)

Richmond City Health District Clinical Services

400 E. Main Street*
Richmond, Virginia 23219

Homeless Shelters

Pilgrims Passage
1500 Sherwood Road
Richmond, VA 23220
877-347-2006

St. Joseph's Villa
8000 Brook Road

Richmond, VA 23227
804-553-3200

HomeAgain
Richmond, VA 23219
804-358-7747

Youth Advocacy Services
P.O. Box 23260
Richmond, VA 23260
804-714-4997

Congregations Around Richmond Involved to Assure Shelter (CARITAS)
1925 Grove Avenue
Richmond, VA 23220
804-358-0964

Freedom House
1201 Hull Street
Richmond, VA 23224
804-649-9791

Salvation Army
3807 Mechanicsville Turnpike
Richmond, VA
804-497-8779

Housing Options/Information

Richmond Redevelopment and Housing
780-4200

Section 8
780-4361

Housing Opportunity Made Equal
354-0461

HUD
278-4539

Hanover Habitat for Humanity
804-569-6108
www.hanoverhfh.org

Hospitals/Medical Care

Ashland Medical Center
100 Medical Drive
Ashland, VA 23005
804-798-8307

Atlee Family Physicians
8266 Atlee Road, Suite 226
Mechanicsville, VA 23116
804-559-6510

Chippenham
7101 Jahnke Road
Richmond, VA 23225
804-320-3911

Johnston-Willis
1401 Johnston-Willis Drive
Richmond, VA 23235
804-330-2000

Lee Davis Medical Center
7041 Lee Park Road
Mechanicsville, VA
804-746-3505

Mechanicsville Medical Center
7571 Cold Harbor Road
Mechanicsville, VA
804-746-9055

Memorial Regional Hospital
Mechanicsville, VA
804-764-6000

Montpelier Family Practice
16698 Mountain Road
Montpelier, VA
804-883-5374

Richmond Community Hospital
1500 North 28th Street 3Rd Floor
Richmond, VA
804-225-1700

St. Francis
13710 St. Francis Boulevard
Midlothian, VA 23114
804-594-7300

St. Mary's
5801 Bremono Road
Richmond, VA
804-281-8383

Theresa Thomas Medical Center
635 North Washington Highway
Ashland, VA 23005
804-798-9208

VCU/MCV
401 North 11th Street
Suite 742, 7th Floor
Richmond, VA 23298
804-828-5883

Inpatient/Outpatient Facilities

Advanced Behavioral Solutions (ABS)

6809 Patterson Ave # A

Richmond, VA 23226

804-270-7477

ABS is a comprehensive psychological private practice offering an array of clinical services to families, children, adolescents, college students, adults, couples and institutions. We deliver individualized psychotherapy and counseling, group therapy, diagnostic assessment, organizational consultation, and educational seminars to our clients. Our diverse staff includes Licensed Clinical Psychologists, Licensed Clinical Professional Counselors, and Illinois Certified School Psychologists working as a team to help accomplish your goals for healthy emotional well being.

The Barry Robinson Center

757-461-8926

www.barryrobinson.org

Central State Hospital

26317 w. Washington St.

Petersburg, VA 23803

804-524-7000

Chesterfield Community Services Board

P.O. Box 92,

Chesterfield, VA 23832

Phone: (804) 748-1227

Emergency: (804) 748-6356

Coverage Area: Chester, Chesterfield, Ettrick, Matoaca, Midlothian, Mosely

Daily Planet

517 West Grace Street

Richmond, VA 23220

804-783-0678

Drug and Alcohol Services LLC

2926 W. Marshall Street

Richmond, VA 23230

804-355-8478

Drug and Alcohol Services LLC provides substance abuse treatment groups and IOP services on outpatient basis.

Family Counseling Center for Recovery

(2 Locations)

4906 Radford Avenue

Richmond, VA

804-354-1996

905 Southlake Boulevard #C

Richmond, VA

804-419-0492

Provides various treatment programs for chemical dependency on an outpatient/inpatient basis.

www.fccr-va.com

Frank Manners
273-1760 or 673-4578

Information on anger management and/or anger management workbooks.

Goochland Community Services Board

P.O. Box 189,

Goochland, VA 23063

Phone: (804) 556-5400

Emergency: (804) 556-3716

**Coverage Area: Crozier, Goochland, Gum Spring, Hadensville, Maidens, Manakin-Sabot, Oilville,
Powhatan**

Hanover Community Services Board

12300 Washington Highway,

Ashland, VA 23005

Phone: (804) 365-4222

Emergency: (804) 365-4200

Coverage Area: Ashland, Beaverdam, Doswell, Hanover, Mechanicsville, Montpelier, Rockville

Hanover Family Intervention and Treatment

Contact: Bernadette Winters

Information on anger management and/or anger management workbooks.

Henrico Community Services Board

10299 Woodman Road,

Glen Allen, VA 23060

Phone: (804) 727-8500

Emergency: (804) 727-8484

**Coverage Area: Charles City County, Red House, Glen Allen, Henrico, Highland Springs, Sandston,
Lanexa, New Kent County, Providence Forge, Quinton**

Human Resources Inc.

**HRI provides a comprehensive network of treatment services to individuals, 18 years and older,
impacted by drug and alcohol abuse. We offer both residential and outpatient services.**

(804) 644-4646

National Counseling Group, Inc.

5002 Monument Avenue

Suite 100

Richmond, VA 23230

804-497-4676

**NCG, Inc. is a private group of therapists and counselors dedicated to providing comprehensive
community-based, outpatient services, therapeutic day treatment and therapeutic foster care to
individuals and families throughout the commonwealth of Virginia.**

RBHA

107 S. Fifth Street

Richmond, VA 23219

Phone: (804) 819-4000

Emergency: (804) 819-4100

Coverage Area: Richmond City

Richmond Community
1500 N. 28th Street
Richmond, VA 23223
804-225-1700

Richmond IOP Resources for Recovery
10049 Midlothian, Suite B2
320-8032 or 800-582-6068

Program for clients with SA and secondary psychiatric problems. 3 times per week, Mon, Tues, Thurs from 9:00 a.m. – 12:00 p.m. and evenings. Accepts all major insurances; does not accept HealthKeepers, MAMSI, Medicare, and Medicaid.

Rubicon
1300 Mactavish Avenue
Richmond, VA 23230
804-359-3255

Provides drug abuse treatment, detoxification, inpatient and outpatient treatment options.

Serenity Home Inc Substance Abuse ICF and Halfway Treatment Services
514 Wolfe Street
Fredericksburg, VA 22401
866-395-1680

Provides substance abuse treatment services and drug rehab, halfway house treatment, residential short-term treatment, and residential long-term treatment. Sliding scale fee.

St. Mary's
5801 Bremono Road
Richmond, VA 23226
804-285-2011

New Life Journey, INC.
Atlee Community Church
7171 Verdi Lane
Mechanicsville, VA 23116
Contact: Donna Grile 804-723-5014
Provides substance abuse outpatient services.

Medical Equipment for the Indigent

VA Assistive Technology System
662-9996

VA Rehabilitative Services
367-0316

Kanawha Medical Supplies
330-5937

Medicare Rental Supplies
275-2657

Medical Insurance/Medical Assistance

Family Access to Medical Insurance Security (FAMIS)

866-87-FAMIS

Medicaid (apply through your local social service department)

For individuals who have been hospitalized as a result of a temporary detaining order (TDO), billing questions should be addressed to: Myra Smith with DMAS at 371-6327

Medicine/Prescription Assistance

Crossover Health Clinic

233-5016

Jewish Family Services

282-5644

MCV

828-9000

Prescription assistance programs

www.vda.virginia.gov/prescriptassist1.asp

Refer to local social services

Mental Health Resources

Anxiety D/O Clinic of MCV

804-828-9452

Depression and Bipolar Support Alliance (DBSA)

323-8695

This is a self-help group for people with mood disorders and their friends and family. Developed to educate those with mood disorders and their families and friends concerning the nature of depression and bipolar disorder as treatable illnesses, to provide support and hope to those with mood disorders, to work toward the elimination of the stigma often associated with mood disorders and to advocate for research toward the elimination of these illnesses.

Depression Support Group

804-748-6482

Get Vocal

877-862-5638

www.vocalnetwork.org

The VOCAL Network founded and run by people with mental illness, connects people to people and works to improve Virginia's Mental Health Services.

Hanover County Family Support Group

CSB Board room

Hanover Community Services

12300 Washington Highway

Ashland, VA 23005

7:00 P.M. – 8:30 P.M.

365-4222 or 365-6764

Mental Health Support & Recovery

Hatcher Memorial Church 2nd floor

2300 Dumbarton Road

Richmond, VA 23228

Thursdays 6:00 P.M. – 9:00 P.M.

NAMI

National Alliance on Mental Illness

PO Box 8260

Richmond, VA 23226

804-285-8264

888-486-8264

www.namivirginia.org

Recovery Resources

804-314-6316

Heather Seaman

RRS is able to offer educational materials, peer support, Mental Health Recovery including Wellness Recovery Action Planning (WRAP) Workshops, WRAP Facilitator Training Programs and more.

Schizophrenics Anonymous

800-482-9534 ext. 103

www.sanonymous.com

WARM Lines

ABIL 804-257-5591

Healing Ear 540-438-9205

Reston Drop-In Center 703-437-5349

Wellness Recovery Action Plan (WRAP)

RAFT House

14433 N. Washington Highway

Ashland, VA 23005

Contact: Betsy Brown at 798-4587

_____ or Scott Haugh at 365-4211

WRAP is a systematic way to reduce the severity and frequency of uncomfortable or dangerous symptoms. It can improve the direction and quality of life for psychiatric survivors. WRAP consists of: Daily Maintenance, Triggers, Early Warning Signs, Crisis Planning, Post Crisis Planning, etc.

Methadone Treatment

Human Resources, INC.

15 West Cary Street

644-6310 or 644-4636

Intake Monday, Wednesday and Thursday 8:00 – 12:00 noon. The patient may walk in any day to speak with a counselor. Need to have two forms of ID; one must be a picture ID. Need to go through RBHA.

Richmond Treatment Center
1601 Overbrook Road, Building L
Richmond, Va 23220
213-0249

Richmond Southside Treatment Center
275-1116

Richmond Private Methadone Clinic
4926 West Broad Street
Richmond, VA 23230
673-5242

Family Counseling Center for Recovery
4906 Radford Ave.
Richmond, VA 23230

Other Helpful Numbers

Ashland Library 804-798-4072

Ashland Fire Station 804-798-8416

Bell Atlantic 804-954-6222

Consumer Credit 804-780-9042 or 800-388-2227

Public Utilities/Billing 804-537-6024

Virginia Power 888-667-3000

Other Hotlines

AIDS Hotline 800-342-AIDS

Child Abuse National Council on Child Abuse and Family Violence 800-222-2000

Food Addiction Hotline 800-872-0088

HIV/AIDS treatment information service 800-HIV-0440

MADD 800-GET- MADD

Youth Crisis Hotline Counseling Services 800-448-4663

VA Department of Health 800-533-4148

Virginians for Child Abuse Prevention Hotline 355-2220

Offender Reentry Assistance

Boaz and Ruth

3030 Meadowbridge Road

Richmond, VA 23222-3145

(804) 329-4900

OAR (Offender Aid and Restoration)

Works with individuals who are re-entering society after being incarcerated to link them to various resources within the community to help people succeed.

(804) 643-2746

Virginia CARES

www.vacares.com

Virginia Community Action Agencies

www.acf.dhhs.gov/programs/ocs/csbj/documents/va-caa/htm

One Stop Career Centers

www.servicelocator.org

One Stop offer a variety of services – career counseling, job development and placement, etc. This website gives local contact information for one stop sites anywhere in the nation.

America's Career InfoNet

www.acinet.org

All kinds of career information.

Virginia VIEW

www.vaview.vt.edu/index/htm

www.vaview.vt.edu

Virginia Employment Commission

www.vec.state.va.us/

Provides information about local VEC field offices, Job Seeker services, Labor Market Information, Unemployment Insurance, Virginia's Workforce Network, etc.

Virginia's One Stop Workforce System

www.careerconnect.state.va.us

National HIRE Network

www.hirenetwork.org

Virginia Adult Learning Resource Center

www.aelweb.vcu.edu

Website offers GED preparation study tools and practice exercises and lists GED test sites.

Financial Aid/Scholarships

www.petersons.com/virginia/finaid.asp

Virginia VIEW
www.vaview.vt.edu/education/index.cfm?searchLevel=adult

Virginia Department of Labor and Industry
www.dli.state.va.us/whatwedo/apprenticeship/apprenticeship

Safer Foundation
www.safer-fnd.org

The Safer Foundation is a program in Illinois that provides a full spectrum of services and support ex-offenders to assist them in become productive, law-abiding citizens. Click on new and views, library, and links for information helpful to any offender returning to a community after incarceration.

Urban Institute
www.urban.org

A non-partisan public policy institute – good source of information and publicity on prisoner re-entry.

Family and Corrections Network
www.fcnetwork.org

Assisting Families of Inmates (AFOI)
www.afoi.org

Pharmacies

Aftercare Pharmacy
804-524-7657

Ashland, Hanover Pharmacy
Henry Clay Shopping Center
804-798-6136

Beaverdam Pharmacy
804-449-6333

Rite Aide Pharmacy
804-752-6458

Ukrops Pharmacy
804-798-8543

Political/Social Organizations

AIDS/HIV Services Group
800-752-6862

Gay Community Center of Richmond/Diversity Thrift
804-622-4646

Gay Fathers Coalition of Richmond

www.gfc-richmond.org/

Gay Lesbian Straight Education Network (GLSEN) – Richmond

www.glsen.org/richmond

Mothers and Others of Virginia

www.mothersandothersva.com/

PFLAG Richmond

www.pflagrichmond.org/

Primetimers of Central Virginia

www.ptcv.org/

Richmond Bisexual Network

www.geocities.com/robinsnet

Richmond Organization for Sexual Minority Youth (ROSMY)

www.rosmy.org

Support line: 804-353-4390

Pregnancy

Commonwealth Catholic Charities

285-5900

Crisis Pregnancy Center

353-2320

March of Dimes

353-9108

Memorial Child Guidance Clinic

649-1605

Planned Parenthood

648-6040

See local health department also

Sherriff Departments

Chesterfield Sherriff's Department

9500 Courthouse Rd

Chesterfield, Virginia 23832

(804)748-1261

Goochland Sherriff's Department

PO Box 29

Goochland, Virginia 23063

(804)556-5349

Hanover Sheriff's Department

7522 County Complex Road

Hanover, VA 23069

Emergency: Dial 911

Non-Emergency: 804-365-6140

Henrico Sherriff's Department

4301 E Parham Rd

Richmond, Virginia 23228

(804)501-5860

Richmond Sherriff's Department

1701 Fairfield Way

Richmond, Virginia 23223

804-646-4464

Social Service Agencies

Charles City Department of Social Services

Byron M. Adkins, Director

10600 Courthouse Road

P.O. Box 98

Charles City, VA 23030-0098

(804) 652-1708

(804) 829-2430 (FAX)

Chesterfield/Colonial Heights Department of Social Services

Marsha L. Sharpe, Acting Director

9501 Lucy Corr Circle

P.O. Box 430

Chesterfield, VA 23832-0430

(804) 748-1100

(804) 717-6294 (FAX)

<http://www.chesterfield.gov/c...>

Goochland Department of Social Services

Kimberly R. Jefferson, Director

1800 Sandy Hook Road, Suite 200

P.O. Box 34

Goochland, VA 23063-0034

(804) 556-5880

(804) 556-4718 (FAX)

<http://www.co.goochland.va.us...>

Hanover County Department of Social Services

Donna Douglas, Director

12304 S. Washington Highway

Ashland, VA 23005

(804) 365-4100
(800) 770-0837 (Hanover residents only)
(804) 365-4110 (FAX)
<http://www.co.hanover.va.us/s...>

Henrico County Department of Social Services

Jane D. Crawley, Director
8600 Dixon Powers Drive
P.O. Box 27032
Henrico, VA 23273
(804) 501-4001
(804) 501-4006 (FAX)
<http://www.co.henrico.va.us/d...>

James City County Department of Social Services

Diana Hutchens, Director
5249 Old Towne Road
Williamsburg, VA 23188
(757) 259-3100
(757) 259-3188 (FAX)
<http://www.jccegov.com/social...>

New Kent Department of Social Services

Michelle Lauter Cowling, Director
12025 Courthouse Circle
Suite 100
P.O. Box 229
New Kent, VA 23124
(804) 966-1853
(804) 966-9170 (FAX)
<http://www.co.new-kent.va.us/...>

Powhatan County Department of Social Services

Catherine D. Pemberton, Director
3908 Old Buckingham Road
Suite 2
Powhatan, VA 23139-0099
(804) 598-5630
(804) 598-5614 (FAX)
<http://www.powhatanva.gov/ind...>

Richmond City Department of Social Services

Doris D. Moseley, Director
Marshall Plaza Building
900 E. Marshall St.
P.O. Box 10129
Richmond, VA 23240
(804) 646-7212
(804) 646-8609 (FAX)
<http://www.ci.richmond.va.us/...>

State Agencies

Department of Behavioral Health and Developmental Disabilities

804-786-3921

www.dbhds.virginia.gov

Department of Rehabilitative Services

804-662-7000

Transportation

American Cancer Society

527-3700

American Red Cross

780-2250

Amtrak

800-872-7245

GRTC

358-4782

Logisticare

Medicaid transportation only

866-386-8331 or 866-679-6330

Ride Finders

111 East Main Street

Richmond, VA

804-643-7433

Van-go

261-7388

Volunteer Opportunities

Care-A-Van volunteer opportunities contact Julie Bondy at 804-213-0947 or julie_bondy@bshsi.org.

Christmas in April 751-5080

Meals on Wheels 673-5035

Retired and Senior Volunteer Program 343-3050

Rural Point Elementary School's Homework Club Contact Dr. Dana Gresham 804-723-3580

United Way Information and Referral 275-2000

United Way Volunteer Center 771-5851

Visit www.HanoverVolunteers.org

AA Meetings Mechanicsville

Please contact AA Richmond Office to confirm that meetings are still going, their phone number is: 804-355-1212

Sunday

Book Study Group (*open*) **7:30 PM**

Fairmont Christian Church (youth building behind church—off 295 Exit 34A)
6502 Creighton Road
Mechanicsville, VA 23111

Monday

Mechanicsville Group (*open meeting*) **11:30 AM**

Mechanicsville Baptist Church
8016 Atlee Road
Mechanicsville, VA 23111

Pole Green Group (*open meeting*) **6:00 PM**

Atlee Community Church (Verdi and Pole Green)
7171 Verdi Lane
Mechanicsville, VA 23116

“Next Generation Young People’s” **7:30 PM**

(*open meeting, Handicapped Accessible*)

Fairmont Christian Church (youth building behind church—off 295 Exit 34A)
6502 Creighton Road
Mechanicsville, VA 23111

Tuesday

“Road to Serenity Group” (*open meeting*) **6:00 PM**

Mechanicsville Presbyterian Church
7339 Atlee Road (Atlee and Signal Hill Roads)
Mechanicsville, VA 23111

“Serenity at Cool Spring Group” **7:30 PM**

(*open meeting, Al-Anon meets at same time*)

Cool Spring Baptist Church
9283 Atlee Station Road
Mechanicsville, VA 23116

Wednesday

“A New High” (*closed, Step Meeting, Handicapped accessible*) **5:30 PM**

Ashcake Rescue Squad
8375 New Ashcake Road
Mechanicsville, VA 23111

“Moving On Group” (*open meeting*) **8:00 PM**

Aldersgate United Methodist Church
3006 E. Laburnum Ave.
Mechanicsville, VA 23223

Thursday

“Do the Next Right Thing” 8:00 PM

(open meeting, Handicapped accessible, Al-Anon meets at same time)

New Bethesda Baptist Church (behind the new fire station on 360)

9019 New Bethesda Road

Mechanicsville, VA 23116

Friday

“Hope on Atlee Road Group” (open meeting) 7:30 PM

Hanover Church of the Nazarene

8391 Atlee Road

Mechanicsville, VA 23116

Saturday

“God is Saturday Night” (open meeting) 8:00 PM

Creator Episcopal Church (next door to Shoney’s. Basement)

7159 Mechanicsville Turnpike

Mechanicsville, VA 2311

Families Anonymous Meetings

Monday

The Episcopal Church of the Creator **7:00 PM**

7159 Mechanicsville Turnpike

Mechanicsville, Va 23111

Tuesday

All Saints Episcopal Church **7:30 PM**

8787 River Road (in the church library)

Richmond, Va 23229

Thursday

Huguenot Baptist Church **7:30 PM**

10525 West Huguenot Road (playground entrance – Room 213)

Richmond, Va 23235

Friday

Celebrate Recovery Meeting (804) 909-1334 or (804) 559-6064

New Song United Methodist Church

7450 Colt’s Neck Road

Mechanicsville, VA 23111

NA Meetings Ashland & Mechanicsville Area

Please contact NA Richmond Office to confirm that meetings are still going, their phone number is: 804-965-1871

Monday

“Serene Women” (*open meeting for Women*) **5:30 PM**

Hatcher Memorial Baptist Church
2300 Dumbarton Road, 23228

“Just Steppin” (*closed, Step Working Guide*) **7:00 PM**

Hatcher Memorial Baptist Church
2300 Dumbarton Road, 23228

Tuesday

“No Strings Attached” (*open meeting, handicapped accessible*) **7:00 PM**

Henrico Mental Health Building
10299 Woodman Road
Glen Allen, VA 23060

Wednesday

“T.A.P.S.” (*open meeting*) **7:00 PM**

Hatcher Memorial Baptist Church
2300 Dumbarton Road, 23228

Thursday

“High Hopes” (*open meeting*) **7:30 PM**

Cool Spring Baptist Church
9283 Atlee Station Road
Mechanicsville, VA 23116

“Let the Healing Begin” (*open meeting, handicapped accessible*) **7:30 PM**

River of Life Community Church
7700 Woodman Road, 23228

Friday

“No Matter What” (*open meeting*) **8:00 PM**

Hatcher Memorial Baptist Church
2300 Dumbarton Road, 23228

Saturday

“We Do Recover” (*open meeting, Speaker Meeting*) **12:00 PM**

Wesley Memorial United Methodist Church – Basement
1720 Mechanicsville Turnpike 23223

“Clean Air” (*open meeting, It Works Text Meeting*) **8:00 PM**

Hatcher Memorial Baptist Church 2300 Dumbarton Road, 23228

AA Meetings Ashland

Sunday 6:00 PM

“Terminally Unique” (*closed meeting*) Topic from As Bill Sees It

St. Ann’s Catholic Church
105 S. Snead Street
Ashland, VA 23005

Monday 8:00 PM

"Hanover-Ashland Group" (*open meeting, handicapped accessible*)
Ashland Presbyterian Church (@ Myrtle Street)
401 Virginia Street
Ashland, VA 23005

Wednesday 12:00 PM

"Reflections At Noon" (*open meeting, handicapped accessible, child care available*) *Daily Reflections Reading*
Ashland Presbyterian Church (@ Myrtle Street)
401 Virginia Street
Ashland, VA 23005

Thursday 8:00 PM

"Hanover-Ashland Group" (*open meeting, handicapped accessible*)
Ashland Presbyterian Church (@ Myrtle Street)
401 Virginia Street
Ashland, VA 23005

Saturday 9:00 AM

Basic Text Big Book Study (*closed meeting, Big Book, handicapped accessible, child care available*)
First Baptist Church
800 Thompson Street
Ashland, VA 23005